

# Regional Ijtema Program Guidelines 2017

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The following three competitions will be held at the National Ijtema. Therefore, Nazimeen A'ala are requested to include them in the Regional Ijtema. Regional winners, like before, will compete in the National Ijtema. However, Urdu Poem (Nazm) competition has also been added this year at Regional Ijtema. The competitions are as follows:

- i) **Recitation of the Holy Quran:** Each Nasir will be given a different verse of Holy Quran to recite. Qaid Taleem-ul-Quran has identified following 10 verses of Holy Quran (of comparable/equal difficulty).

## **Selected verses of Holy Quran for Competition**

1. Chapter 9 Verse 122
2. Chapter 12 verse 33
3. Chapter 14 verse 19
4. Chapter 16 verse 90
5. Chapter 17 verse 111
6. Chapter 18 verse 64
7. Chapter 20 verse 48
8. Chapter 21 Verse 91
9. Chapter 28 Verse 51
10. Chapter 28 Verse 58

**The judges will give one segment to each contestant to recite. Memorization is not required and there are no addition points for memorization.**

### **Judging Criteria:**

1. Style and quality of recitation 10 points  
(steady with good volume and control of voice)
2. Correct pronunciation and free of errors 15 points
3. Melody 15 points

- ii) **Impromptu Speech:** This competition will be conducted in the same way as before. Each contestant will have 3 minutes to prepare a topic from among the following topics and 3 minutes to deliver a speech.

## **TOPICS - IMPROMPTU SPEECH COMPETITION**

(Randomly assign a topic out of the following to each candidate)

1. Benefits of congregational Salat

2. Holy Quran as the source of guidance for all times and circumstances?

3. Why read the books of Promised Messiah (as)?
4. How to “save ourselves and our families from fire”?
5. Standard of honesty and truthfulness in Islam
6. How can we spread the message of true Islam in today’s world?
7. Jihad of the Pen
8. Importance of financial sacrifices
9. Blessings of Nizam-e-Waisyat (System of Wasiyat)
10. How to recognize and kill our egos?
11. How to avoid suspicion and backbiting?
12. What does the Quranic commandment of “keeping trusts” mean?
13. Status of our mothers?
14. How to become role models for our families?
15. Why Ansar should exercise regularly and eat healthy?

**Judging Criteria:**

1. Quality of Content (depth of knowledge) 15 points
2. Style of delivery (volume, speed, pronunciation and confidence) 15 points
3. Use of references 10 points

(Holy Quran, Hadith, Writings of Promised Messiah & Khulafa)

iii) **General knowledge competition:** This competition will take place at National Ijtema and each region will be allowed to make one team. Nazimeen A’ala are encouraged, but are not required, to hold this competition at the regional level.

iv) **Nazm (Urdu Poem)**

**Urdu Nazm (Poem) Competition is being added this year at Regional Ijtema level.**

Following are the couplets for Urdu Nazm competition at regional Ijtema. **Please have the translation displayed on the projector during the competition for Non-Urdu speaking Ansar.** Each winner of Regional Ijtema will be assigned a set of couplets which he will be requested to record in his voice and submit to National Talim team before National Ijtema. Two winners (first and second place) will be selected from among them and will be requested to recite Nazm in the opening and closing session of National Ijtema.

نشان کو دیکھ کر انکار کب تک	ارے اک اور جھوٹوں پہ قیامت آنے
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والی ہے تری اک روز اے گستاخ شامت آنے والی ہے کہ یہ جاں آگ میں پڑ کر سلامت آنے والی ہے	پیش جائے گا یہ کیا عادت ہے کیوں سچی گواہی کو چھپاتا ہے ترے مکروں سے اے جاہل مرا نقصان نہیں ہرگز
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**Translation:**

After seeing the Sign, how long is your denial prudent?

Behold! One more mishap is about to befall the liars.

What habit is this-- why do you hide true testimony?

One day, O boor, you are bound to get your due.

Your guile, O fool, will bring no harm upon me

For this one will come out unhurt if put in fire.

**3) Tarbiyyat workshop based on Shura Proposal to be conducted by National Representative of Sadr Sahib**

One of the approved Shura recommendations is to hold interactive workshop at Regional Ijtema to effectively address the following Shura proposal.

“The practice of openly criticizing Jama’at policies and office holders needs to be confronted. Left unchecked, it generates pessimism among the adults and frustration/doubts among the youth. Majlis Ansārullāh should develop a plan to curb this harmful trend.”

Presentation of this workshop will be provided to National Representative.

**4) Interactive workshop to help members with a relevant secular topic**

We request Nazimeen A’ala to include an interactive workshop led by a local/regional expert on a topic of common interest. For example, invite an Ahmadi Muslim expert to educate and engage the membership on a topic like:

- How to manage personal finances
- How to get out of credit card debt or repair your credit score
- How to plug our children into summer internships
- How to save for children’s college education or retirement
- How to control anger
- How to mediate in a turbulent marriage
- How to start a small business

- How to make a will?
- How to start and manage a business

Please note that these are only examples. Nazimeen A'ala can consult their local experts and decide any topic based on their needs.

## **5) Sports Competitions**

The final list of sports competitions at the National Ijtema is as follows:

1. VolleyBall
2. Tug of War
3. Table Tennis
4. Darts
5. 100 Meter Race (2 age groups)
6. Horse Shoe Throw

All regions will be given an equal chance to participate. Nazimeen A'ala are encouraged to hold sports competitions according to the desire and taste of their regional membership.

Please arrange a health discussion or Moshaira (poetry session) for Ansar who may not be interested in sports.

## **6) Biometric screening**

Nazimeen A'ala are requested to coordinate with Qaid Sahib Health at least 2 weeks before the Regional Ijtema weekend.

## **7) A speech by Regional Missionary**

Regional Missionary should be invited to address the attendees on the topic of 'Congregational Prayers'.